

BREAKFAST SERVED 7:00 AM UNTIL 11:00 AM

33 GRAM PROTEIN SHAKE

Ice-blended with almond milk, fresh fruit, and 100% whey protein powder • 9.99

OATMEAL

Served with brown sugar, raisins and milk • 12.99
Strawberries 1.99 • Walnuts 1.99
Banana 1.99

FRESH SEASONAL FRUIT BOWL

Served with cottage cheese • 12.99

AVOCADO TOAST

Smashed avocado, tomatoes and poached eggs on toast • 16.99

BREAKFAST

TWO EGGS ANY STYLE

Served with breakfast meat, hash browns, & toast • 16.99

BUTTERMILK PANCAKES

Served with butter & Vermont maple syrup • 12.99
Add two eggs • 15.99
Add choice of meat • 15.99
Add two eggs and choice of meat • 16.99

FRENCH TOAST

Served with butter and maple syrup • 10.99
Add two eggs • 12.99
Add choice of meat • 13.99
Add two eggs and choice of meat • 16.99

BREAKFAST SANDWICH

Served with hash browns. Two fried eggs with choice of meat and cheddar cheese on toast • 16.99

CVC OMELET

Chorizo, bacon, onion, bell peppers and pepper jack cheese • 16.99

CORNED BEEF HASH

Served with two eggs, fruit and toast • 16.99

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. Before placing your order, please inform your server if a person in your party has a food allergy.

LUNCH SERVED 11:00 AM UNTIL 3:30 PM

STARTERS

TORTILLA CHIPS & GUACAMOLE • 12.99

BREADED SHRIMP

Lightly breaded and fried. Served with cocktail sauce and chipotle ranch sauce • 12.99

LOADED NACHOS

Tortilla chips covered in nacho cheese, tomatoes, black olives, jalapenos, cilantro, green onions and sour cream • 14.99
Add Grilled Chicken or Seasoned Ground Beef • 3.99

CRISPY CHICKEN WINGS

Choice of buffalo, bbq or teriyaki, served with carrots and celery • 14.99

CHICKEN TENDERS AND FRIES

Premium all white meat tenders with choice of homemade bbq, ranch or honey mustard • 14.99

QUESADILLA

Cheddar, and mozzarella wrapped in a giant flour tortilla, served with guacamole, sour cream and fresh salsa • 14.99
Add Grilled Chicken or Seasoned Ground Beef • 4.99

SOUPS & SALADS

SOUP DU JOUR Cup 6.99 | Bowl 9.99

HOMEMADE CHILI Cup 6.99 | Bowl 9.99
Topped with cheddar cheese and red onion.

THE WEDGE

Bacon, bleu cheese, red onion, tomatoes and iceberg
Served with bleu cheese dressing • 12.99

SCOOP SALAD

Half (1 scoop) 12.99 | Full (2 scoops) 14.99
Choice of cottage cheese, egg salad, chicken or tuna salad with tomatoes, pickles and hard boiled egg, served with balsamic vinegar. **Additional Scoops 2.99*

CAESAR SALAD

Romaine lettuce, tomatoes, parmesan cheese and garlic croutons, served with caesar dressing • 12.99
Add Grilled Chicken 5.99

TURKEY COBB

Sliced turkey breast, bacon, bleu cheese, avocado, tomatoes and hard boiled egg, served with ranch dressing • 16.99

CRISPY HONEY MUSTARD CHICKEN SALAD

Crispy chicken tenders, bacon, cheddar cheese, tomatoes, hard boiled egg, served with honey mustard dressing • 16.99

ASIAN SESAME CHICKEN

Grilled chicken breast with fresh cilantro, green onion, julienne carrots, cabbage, slivered almonds, wonton strips and sesame seeds served with sesame dressing • 16.99

TACO SALAD

Fresh seasoned ground beef or grilled chicken with black beans, avocado, tomatoes, cheddar cheese, cilantro, onion, corn tortilla strips, served with fresh salsa and chipotle ranch • 16.99

THE PALMS SALAD

Grilled chicken breast, spring greens, shaved almonds, sliced strawberries and blue cheese crumbles, served with balsamic vinaigrette • 16.99

OMELET OR SCRAMBLE

with hash browns and toast

Select from three of the following ingredients:

Bacon, Ham, Sausage, Chorizo, Cheddar, Swiss, Pepper Jack, Bell Peppers, Onions,
Tomatoes, Mushrooms, Spinach, Salsa, Jalapeños, Ortega Chilies . 16.99
Add Egg Whites 1.99

BREAKFAST BURRITO

Two scrambled eggs with choice of meat,
cheddar cheese & hash browns • 16.99

BREAKFAST QUESADILLA

Scrambled eggs, cheddar cheese,
and choice of meat • 16.99

SIDES

Choice of Meat - Bacon, Ham or Sausage 5.99

Cottage Cheese 4.99 • Hash Browns 4.99

Egg One 1.99 | Two 3.99 | Three 5.99

Bagel and Cream Cheese 4.99 • Toast 2.99

Fresh Cut Fruit - Cup 4.99 | Bowl 7.99

Avocado ½ 2.99 | Full 4.99

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SPECIALTY SANDWICHES

and more

GRILLED CHICKEN AND AVOCADO SANDWICH

Grilled chicken breast with bacon, avocado, lettuce, red onion, tomato and mayo on a bun • 18.99

ALBACORE TUNA MELT

Albacore tuna salad with grilled tomato, onions and cheddar cheese on toasted sourdough • 18.99

TRI-TIP DIP

Shaved Santa Maria style tri-tip, swiss, grilled onions, creamy horseradish sauce and side of au jus on grilled French roll • 18.99

CVC CALIFORNIAN

Shaved Santa Maria style tri-tip, sliced avocado, pepper jack cheese, Ortega chilies, roasted garlic aioli on sourdough • 19.99

THE PALMS BURGER

Special house blended 1/2 lb. patty with Medjool date and caramelized onion compote, crumbled blue cheese, two slices of bacon and spring greens on a bun • 19.99

CHEESEBURGER

Special house blended 1/2 lb. patty with iceberg lettuce, onion, tomato, mayo with choice of cheese on a bun • 16.99

PATTY MELT

Special house blended 1/2 lb. patty with bacon, cheddar cheese, grilled tomato and onion on toasted sourdough • 18.99

ALL BEEF DOG

Grilled all beef hot dog on sesame seed bun with choice of onions, relish or tomatoes • 11.99
Add Sauerkraut .99 or Chili 2.99

CLASSIC REUBEN

Corned beef with Swiss cheese, sauerkraut and 1000 island dressing on toasted marble rye • 18.99

CLUBHOUSE

Honey roasted turkey breast, ham, bacon, avocado, lettuce, tomato and mayo on toasted sourdough • 19.99

FISH TACOS

Grilled white fish with cabbage, green onions, cilantro and tomatoes with a creamy chipotle dressing, served with chips and salsa • 16.99

CHICKEN OR BEEF TACOS

Grilled chicken or seasoned ground beef with lettuce, tomatoes and cheese in soft corn tortillas, served with chips and salsa • 16.99

COLD SANDWICHES

All sandwiches come with lettuce, tomato, red onion, pickles and mayo. Served with a side • 14.99

Choice of: honey roasted turkey, black forest ham, apple wood smoked bacon, egg salad, chicken salad or albacore tuna salad.

Choice of bread: sourdough, whole wheat or rye *Add side of soup +2.99, Chili +2.99

SIDES

Cottage Cheese 4.99 • Guacamole 5.99 • Seasonal Fruit 4.99
Housemade Kettle Chips 5.99 • House salad 5.99 • Coleslaw 5.99
Onion Rings 6.99 • Tortilla Chips & Salsa 6.99 • Fries 5.99

PALMS SHAKE 9.99 • PROTEIN SHAKE 9.99

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